

NARRANDERA PUBLIC SCHOOL INFORMER

EXCELLENCE, OPPORTUNITY, SUCCESS

PRINCIPAL: Ms SUSAN RUFFLES

WE LEARN AND MEET ON WIRADJURI COUNTRY

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Term 4, Week 6

Tuesday, November 11, 2014.

From the Relieving Principal

Year 5 Leaders Speeches

This Thursday the students in Year 5 who wish to be leaders will be making their speeches to the school. The speeches will start at 9:30am and voting will commence as soon as they are finished.

No NITS November

This month is 'No Nits November' – national head Lice Awareness Month. The aim is to raise awareness of head lice, how they can be prevented and also treated. Visit their website at www.nonitsnovember.com.au. There is a range of information and resources for the whole family. According to the website 95% of all head lice cases are picked up at school. Please take the time to read through the following facts to help us limit the amount of infestations that occur at Narrandera Public School.

HEAD LICE FACT SHEET

FACT ONE. Head lice are common year round and right round the world. They are not dangerous, do not carry diseases and are not a sign of poor hygiene. In fact, head lice don't much care whether the hair is clean or dirty.

FACT TWO. The head lice family consists of nits and lice: the nit (head lice egg), the nymph (adolescent louse) and the adult louse. There are female and male lice and head lice do reproduce sexually.

FACT THREE. Head lice cannot fly or jump but they do crawl at exceptional speeds. The lifespan of an individual louse is just thirty five days. However, within this time the louse can reproduce and create a large family of lice that continue the head lice life cycle.

FACT FOUR. The female louse can lay between 50 and 150 eggs in her lifetime; we refer to these as nits. The nits are an oval shape and are between 0.5 millimetres and 1 millimetre in length. When laid they are a yellow / white colour but can turn to a tan or coffee like colour as the embryo grows, once hatched the shell appears white.

FACT FIVE. A nymph, an adolescent louse, is between 1 and 2 millimetres in length and grows to around 2 to 3 millimetres as it develops into an adult louse.

FACT SIX. Head lice can only survive on human blood; the lice feed from the scalp 3 to 4 times a day. The lice bite into the scalp and extract the blood directly from the bite. The bite is what can cause irritation to the infested person but not everyone will have "the itch" as irritation levels differ between individuals.

FACT SEVEN. Lice cannot survive away from the scalp. Head lice removed from the scalp will immediately begin to dehydrate, only surviving up to a maximum of 24 hours away from the scalp. In the case a louse makes its way

back to the scalp it is unlikely that the louse will be strong enough to reproduce.

FACT EIGHT. It's not just fancy marketing when it is recommended to repeat the treatment process. As combing requires time and the nits are very small it is very possible some may be missed during the initial treatment. These nits will hatch in 7-10 days and be vulnerable to a treatment – stopping the life cycle.

FACT NINE. Re-infestation can occur in the case that the initial treatment has not removed or eradicated all the head lice eggs (nits) or a new infestation of head lice has been picked up from another host.

Be vigilant and check for head lice regularly as early detection makes light work of any treatment and reduces the chance of multiple cases in the school yard.

Until next week,
Joanne Stamos,
Relieving Principal.

Calendar of Events

Date	Event/s
November 13	Year 5 Student leader speeches – 9.30am
November 14	Assembly – 10.30am
November 19-21	Year 4 Camp
November 19-26	Life Education Van visit
November 20	Life Education Van FREE BBQ
November 21	Advent walk
Nov 24 - Dec 5	Swimming school
November 28	Assembly – 10.30am
December 3 – 4	Year 6 High School visits
December 9	Presentation Day – 10.30am
December 10	Year 6 Farewell
December 12	School Assembly – 10.30am 5/6 Fun Day
December 15	Years 4/5/6 Pool Party
December 16	Years K/1/2 Noah's Ark visit
December 17	2014 School Year finishes

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COMMUNITY EVENTS:

JUNIOR BASKETBALL - Junior basketball draw for this week is as follows:-

Wednesday 12th November

5.00pm Junior boys Maroon v Black & Pink v Blue

5.50pm Intermediate Boys Yellow v Pink & Black v Blue

6.40pm Intermediate Boys Maroon v Green & Senior

Boys Black v Blue

Thursday 13th November

4.00pm Aussie Hoops

5.00pm Junior Girls Maroon v Black & Pink v Blue

5.50pm Intermediate Girls Maroon v Pink & Black v Blue

6.40pm Senior girls.

KIDS DISCO - Friday November 21st

\$5 entry - Fancy dress

Kindy - Year 2 - 4.30pm to

5.30pm

Year 3 - Year 6 - 6pm to

7.30pm

CRC Hall - Refreshments available

A fund-raiser run by the John O'Brien Festival

Morundah Market Day – Sunday, December 14. 10am to 2pm. Held in and around the Morundah Palladium. Lots of stalls. Café with sandwiches and cakes (including gluten free). If you would like to have a stall or need further information please contact Paula Trengrove on 0428 371 275.

Class News - KL

The last few weeks have seen KL continue their learning at a rate of knots. The feature of their learning has been the magnificent town that the students have made as part of their L3 learning. Each day they have added a little more to their town and have been writing about what they have built or added.

Over the past week we have also been learning about Remembrance Day and why it is so special to us all. We have written, drawn and talked about war and the defence forces and shown great respect in today's Remembrance Day Assembly.

Last week's Infants Assembly award recipients were:

Star of the Week – Sophie O'Connor.

Merit – Inneka Hutchins for imaginative designs in L3.

Merit – Hayden Higgins-Lawlor for managing his distractions better.

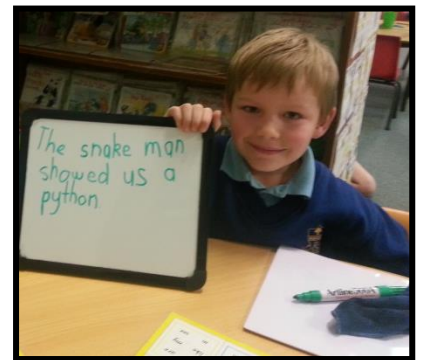
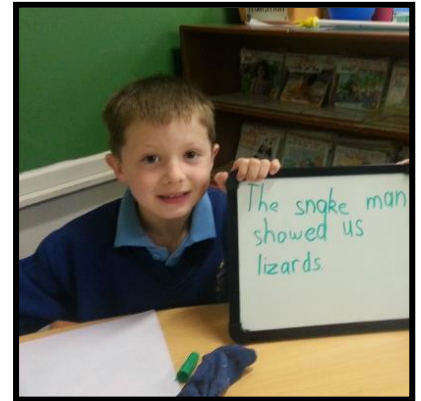
Merit – Hallie Briggs for great sentence writing.

Credit – Molly Bassett for always following the 4B's.

Congratulations to these people!

With a busy month ahead please make sure you are sending plenty of food and water along with your child each day. Swim school, 5/6 Fun Day, Presentation Day and the Noah's Ark excursion are all coming up soon and will require extra energy from your children so please pack accordingly! We are all looking forward to the final five weeks of Kindergarten!

Paul Lucas – KL Class Teacher



Some of the great sentences the students of KL have been producing in class lately.

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This newsletter is produced with the support of the following local businesses:



2H - Hotspot

This term the students in 2H have been learning about how different cultures celebrate the festive season. In Austria they have the Krampus, the opposite to Santa. In Brazil they decorate the houses with flowers and in Norway they have an elf/gnome called a 'Nisser' who plays tricks on the family if you do not give him a larger portion of your porridge. They have also discovered that some cultures do not celebrate Christmas on the 25th of December. Furthermore in Italy they have a Christmas which is called 'La Befana' and in Japan they

built a 4.5 metre tall Christmas tree made out of 3795 champagne glasses. It has been an interesting and exciting study to find out how other people have their celebrations.

Above are some Christmas trees that the students have made from old magazines. They had to fold them, once into the centre, then either fold them two more times or leave them with one fold. The result was beautiful freestanding Christmas trees decorated with paint and glitter. It was also a great way to recycle old magazines.

Just a friendly reminder to ensure your child has a hat for playing at recess, lunch and sporting activities outside. The sun certainly is out and it is ready to burn. Plus Life Education Van is next week so please return the notes and money, a free barbeque is on offer, but only for the students who have returned their note and money to attend the Life Education Van.

Kira Hoogers – 2H Class Teacher.

JUMP ROPE FOR HEART

Towards the end of third term our school participated in the annual Jump Rope for Heart jump off. It was a great day filled with lots of physical activities



and laughter. The students also received prizes for the amount of fundraising they did. Our school managed to raise \$2501.75 for the Heart Foundation. It was an amazing effort for our students and the members of the community who assisted in this total. Thank you for the support and well done to everyone who participated in this amazing community fundraiser.

Kira Hoogers – Co-Ordinator.



Class News - 1T

This week in 1T we are talking about the significance of Remembrance Day as we prepare for our assembly on Tuesday 11th November. In Maths, we are revisiting the concepts of chance and measuring length. Students are continuing to develop their reading and writing skills through daily literacy and L3 activities. Students have also been learning about ways to keep themselves healthy, including keeping active, eating a variety of healthy foods and being sun-smart. It has been very pleasing to see almost all 1T students wearing a hat every day during play.

Mrs Thiem, Classroom Teacher.

Students practicing their throwing and catching skills during a PE lesson



Students looked through supermarket catalogues to choose healthy foods for their lunchboxes.



Infants Assembly



Byron and Molly were the Assembly Hosts



Stars of the Week

Credit Awards



Merit Awards



2H reading a story

*Happy Birthday
Riley Cosgrove*



Remembrance Day Assembly



Narrandera Public School students conducted a Remembrance Day Assembly to recognise our fallen heroes.

